

# SUBTLETIES OF CHANGE

## NADEMUS

*Channeled through Brenda Hill*

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**G**ood day, entities! I am Nademus. And a fine day it is as God purveys the whole of creation. And all aspects of the whole purvey their own part in that creative splendor.

Entities, you who are in your various stages of awakening are becoming more and more conscious of, and alerted to, a greater subtlety of change. Yes, change continues to be the constant in life expression on all levels of being, but change feels like more than it used to feel. What I am saying here is that the changes you are experiencing hold elements of energy that are protruding beyond the parameters of thought that once were the accustomed boundaries of that thought. But Nademus, you say, hasn't change always felt like that? Isn't change the variation of expression that does not stand still or repeat itself?

Yes, of course, change reflects movement and it reflects the evolution of reality. Change is but a new view stimulated by a new thought, acted upon by a new expression. So change is evolution in process. But how can it feel different? Would it not simply be the expression that is different?

That is a very good question. Let us examine your creativity to find our answer. Your creativity, the very nature of creativity itself, thrives on a variety of expression. The concept and action of creativity takes that which is essentially in the state of potential and crystallizes the idea into the material, a formation of an idea made manifest to enact an experience of it. So you take the "unknown" and make it known. You mold thought into form. Then, in your material universe, you accustom yourself to that form, you utilize it and because of your very natures as creative gods, you expand crystallized form beyond that which it is, henceforth processing change in a moment-by-moment, variable creative thrust.

So if change is constant and every creation spurs another creation in a forever pattern of movement and flow, and this is the way life expresses, then how could it feel different? How could the change that is occurring now be any different than change that has occurred in any understanding of the past as you know it to be?

What is happening now that is unique to this phase of your expression is that YOU are different. Change feels different because you feel different. Your expressions are different because the thoughts used to create them have expanded beyond that which has been the norm. To understand this, you must reach deep within and allow for your mind to stretch beyond the definition of the concept of change. From the old paradigm, change is change. From the new paradigm, change is a state of ascension.

Many of you are right now feeling the stress of coping with the excessive stimulation of information handling, energy management and day-to-day requirements and responsibilities. At the same time, you are feeling the draw and the heart tug of your origins. You are feeling the spiritual pull to reunite with aspects of yourself you are just beginning to remember. You are torn in your manner of expression as to how to manage the physical and the ethereal. In other words, you are straddling the fence. You have a foot in both worlds.

From the spiritual standpoint, there is total certainty that all is well and that this physical world is a creative illusion that you inhabit to grow and to evolve and from which you once more return home to the light of God. But from a physical standpoint, you have things to do, things that must be done. There is an urgency to act and accomplish, to literally tend to your earthly tasks to maintain yourself in this manifest world.

This push-pull you are feeling is becoming more and more pronounced and stimulates within you more dramatic responsiveness to handle the overwhelming sense of change in your internal chemistry and within your emotional body. Your bodies are in so many ways alerting you to the fact of their lightening. They are asking, sometimes begging, you to pay attention to the changes that are occurring with them. They want more pure water and less food but food that is light-filled. They want exercise and movement, but also ask that movement to also exercise the soul. Your bodies wish to hold mastery with themselves. They are vibrating more swiftly and if you are negligent in recognizing that, then you may be treating them the way you have always done. In other words, the body assumptions you once held, no longer apply. Vibrationally, your bodies are preparing to participate with the act of bi-location. They are already levitating for some of you.

Your emotions are highly charged as you participate with all levels of yourself. Now take the over-stimulation that is bombarding you from the physical plane and attempt to deal with it all, and you have the overwhelm that identifies the condition of many of you.

Mentally you are inundated with information and from an earthly perspective, expected to keep up with technology and its rampant pace in order to maintain your place within society. To contribute, you feel you must study longer and longer and attain more and more degrees of education just to compete with one another for what appears to be fewer and fewer jobs. The stream of information runs steady and hard, but to drink of this information and be nurtured by it, your pace must change. You also must balance and center.

You are different. You are becoming aware of your spiritual wholeness. You are exploring a self that in some ways seems unrecognizable and yet, in the same moment, so much more totally pure and complete than you have ever known. You are remembering. The veil is lifting and you are remembering. Change is upon you, but the change you are dealing with is not about keeping up with technology or competing for fewer and fewer resources. This change is about becoming more, more whole, more remembered, more full of love

and compassion, more involved and participant with one another.

This subtle sense of change is what will answer the question of what to do with the knowingness within that is waking your senses and tuning your awareness to the soul nature of your being. This straddling of the fence will no longer seem to tear you apart from yourself but rather, when you allow forth and connect with those subtleties of change within and hear and address those changes from the new paradigm you, you will find that the spiritual and the material realms can be melded together in an expression that is more than the parts. You will know and understand change from a sense of wholeness which translates to “and” rather than either/or. Living your life from this inclusive perspective perpetuates a contentment of being that facilitates and speeds up the evolutionary and ascending nature of change without the conflicts arising from polarity choices. In other words, you ease up on yourself; you allow yourself the grace to flow with the movement that is accelerating exponentially. This opens your creative experience to the subtle changes that you, creator gods, are in process of articulating.

Entities, yes, you have a foot in both worlds of the physical and the spiritual. Allow yourself the quiet moments of meditative peace to touch into your spirit. Spirit will then offer the guidance and direction that you may follow to reach your optimum expression, that being remembered God. Remember, you already are all that you are trying to be. You can already do all that you are striving to be able to perform. You already know all that there is to know. In recognizing, accepting and assimilating the subtleties of change, you awaken to your own splendor.

You are profoundly loved. I bid you adieu. With God you are and I am. So be it. Indeed.

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*Nademus is available for personal consultations by appointment. To arrange for a personal session or to learn about small groups and workshops, contact Prism Path (866) 374-0243 or e-mail [info@prism-path.com](mailto:info@prism-path.com).*