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Nademus

True Preparation For First Contact

Good day Entities! And it will be a fine day when the day arrives for you to first greet your brothers from other dimensional regions and other areas of space. The very thought of it sends shivers of excitement up the spines of some of you, in fact many of you, reading this. However, consider what type of shivers may run up the spines of the general populace who do not understand that life is not limited to this planet. The concept of first contact has been explored by others in many formats and from many perspectives. What I would love to do this day is to look at it from the perspective of your personal preparation for this event.

What would you do to prepare? Would you meditate on their arrival? Would you joyfully arrive at the specified location to be among the first to greet your brothers and sisters? Would you be overjoyed or filled with anxiety? From all your movies regarding extraterrestrials, they magically all speak English. But what if you needed to communicate with someone who didn't? What if their appearance was not usual, or bipedal like your own. What if they were not individuals at all, but a collective consciousness presenting in what appears to you to be an inanimate form, but that actually was a totally viable and conscious entity? There are so many questions and so many possibilities that we could not anticipate all of them, let alone cover the prospects of your preparation for such an array of possibilities. So then, how indeed would you prepare? It would be my suggestion to sit back and relax and feel your way through it.

What is the concept of preparation anyway? You observe preparation in nature as the seasons pass in many of your species of animal and insect, bird and even some of your flora. Preparation, on the surface, appears to be the resulting action taken as a result of a projected goal establishing a need. So, your professor establishes the date of your final exam, you follow the parameters of the subject of the class and you fill your head with the required knowledge to complete and pass the exam. The bear naturally understands the rhythm of nature with its internal instincts and body awareness urging it to store massive quantities of fat upon its body to supply its nutritional requirements through hibernation during the cold winter. Whales will follow a similar procedure eating profusely prior to their journey into the southern waters to birth their offspring. You gather wood for cold

winters, store food for emergencies, hoard your gold to stave off poor economic times. Preparation is all around you. You prepare yourselves to meet your soon to be in-laws; you practice conversations as you walk up to the door of a blind date; you anticipate face-to-face meetings with an alien.

Entities, you are adept in all forms of preparation because it appears to be such a natural and usual occurrence in your life. And preparation from the natural standpoint is simply the process of the ebb and flow of life. It is natural. It is existence and it is purposeful. Sometimes.

We have established that preparation is the process within nature that renders aspects of nature in a subsistent life phase, maintaining that life in a movement and rhythm of change. But when preparation is forged from the space of fear and anticipation of potential danger, then preparation is obviously absent of the qualities of natural life and has taken on the ego-laden qualities that separate you from the natural world.

We started our discussion with the idea of first contact. Would you be surprised to find that first contact has already occurred and that you yourself have likely already come face to face with your extraterrestrial brothers? But Nademus, how is this possible you may say and why did I not know it? The answer is simple and quite logical as well. You would have felt the need to prepare in some fashion for this meeting and with the idea of preparation, could easily come the preconceived ideas of what the meeting would or could be like, spurring elements of anxiety. So, to allay that potential, there has been contact on levels that do not resemble meetings as you know them. You have touched the essence of your brothers in intuitive understanding that sometimes comes to you when you feel suddenly warmed. You have known your brothers often by assistance given in times of distress. Many of your brothers channel through receptive beings of your society and you read their words. There are many, many ways in which you have connected already, in a sense, in preparation for a greater presence to be felt.

Preparation is a concept that functions within time and space. It inherently calls for movement and action, requiring first the forethought of creation or what I call the template of creation. You think and achieve an idea, a thought form, like a cookie cutter. This form must then be activated by desire and passion, giving it the necessary energizing to vibrate its signature resonance to the Universe as it complies with the wishes of the God sending it forth. You are that God in the act of creation literally preparing the form for the act of physical manifestation that will become for you the visual representation of your intentional dream. This process prepares the way for manifest reality.

Preparation is inherent within the structure of life. It is natural. It is spiritual in the sense of its natural capacity within the structure of creation. But when preparation is contrived and removed from the realm of the natural response to

creation, it becomes an act of fear and you wholly know when you are participating in fear. You know because you feel it. You know because your levels of anxiety rise to agitate your natural state of balance. You know because you make excuses and justifications and you reason why something is appropriate when all your senses tell you it is not.

You are exquisitely functioning beings who fit within the natural world and flow with it when flowing is allowed. Flowing is allowed when you allow your resonance to guide your choices. When you do not, you step outside of the natural world and initiate such separation into the very unnatural, what you term normal, environment. With repetition, the normal environment becomes for you so usual that the assumption that this is the way it is disguises the truth of who you are in this natural world. The concept of preparation becomes manipulated and anxious and a means to dull your senses to your natural intuition. That is why I suggested that you sit back and relax, because when you relax into your innate naturalness, you resonate with the natural world and flow with its rhythms and open yourself up to the joy you were meant to experience.

Your capacity for joy and for exploration and discovery is the only true preparation you might exercise to experience first contact. And when you experience your natural beingness, your brothers and sisters from all levels of existence can easily connect and together you can forge new pathways of expansion. This is the only preparation you require, the natural blending with the flow of life. I invite you to remember. You are greatly loved. I am Nademus. I bid you adieu. With God you are and I am. So be it. Indeed.

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