

# LIFE AND DEATH: THE JOURNEY INTO FOREVER

NADEMUS

*Channeled through Brenda Hill*

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**G**ood day entities. And a fine day it is as you move on the path of self-recognition. When I say self-recognition, I am meaning the knowledge of remembered God.

In the throes of physical expression there comes a time when you come face-to-face with what you have assumed of yourself and what you know of yourself. There is a vast difference. What you assume of yourself is laden with thoughts and notions of life that hold the various accoutrements of personality that comprise the composite of experience that you recognize as who you are and what your life is.

I would wish for you a far deeper understanding and the glorious acknowledgement of your true sense of beingness to emerge from the superfluous assumptions of reality. Could it not be said that all assumptions are superfluous? Could it not be said that the clarity of the moment is designated by the power of love? Could it not be said that the recognition of who you are is imperative to your ascending movement on the prism path of truth?

Entities, each of you is God. Each of you is an aspect of this magnificence of Love, Light and Beauty that is our Father. Each of you is rendering forth your particular and unique essence into the glorious melting pot of God. You do this by being who you are, even though the clarity of who you are may elude your senses and sensibilities.

Who you are may appear to be contingent upon the effects of this presumed reality that you are all currently ensconced within. What I mean is that you are dreaming an elaborate dream, one that holds the illusion of a vast reality born of physical expression. The offspring of this expression is a mass belief in the facet of fear that explains the illusion to the logical mind, enabling the logical mind to hold reference to the commonality. That commonality then proffers the semblance of truth via the repetition of its statement and through such repetition, does the common belief build, hence the common experience becomes the

“valid and true” reality.

Let us take, for example, the concept of death. This is, by far, the more consuming conceptualization of your collective minds. The vision of life is punctuated by the vision of death and thusly you hold within you the idea and the memories of the fragility of life and its impending demise as a natural course of events. Please allow me to offer that indeed, death is a valid concept and one that definitely plays itself out in life, but I would hasten to suggest that it is not the driving factor. Love is the driving factor. Love and life are the magnificent display of the Light of our Father. In the midst of such a display, there is movement and there is the physical expression of such love and life.

In a linear perspective, which is your predominant understanding, the very nature of movement holds this inescapable route from one point to another. The mind translates that as ending your experience of one point and engaging in new experience with another point, in other words, the death and the birth of a new reality. Each day, under this perspective, you die a thousand deaths and renew each moment with the birthing of a fresh, new reality.

But you call this life. This is the natural way of things. This kind of birth and death do not render themselves a devastating set of circumstances. You understand the inevitability of such movement and you flow with the changes that movement represents.

When some facets of this normal and natural movement and procession of life occur, I am speaking here of physical death, suddenly awareness of the naturalness of the process is superceded by an immense sense of loss, sometimes punctuated with guilt, prolonged sadness and denial. The most detrimental of these emotions is that of denial.

Denial arises as a means of drawing the illusion of life to a standstill. In other words, when the physical death of someone close takes place, there is often an attempt to stall the inevitable movement that in ordi-

nary circumstances you recognize as natural and normal. Now, the passing of this individual stands out as unique to the process of life and death that you recognize as the movement of life. Somehow, this particular change is more paramount and holds an incredible pull of emotion to attempt to stall the movement of the progression of life.

I am bringing this concept forward to prepare you for immense changes that are inevitable in your spiraling movement on the ascension path. Your ascension itself is a process of change and transition. It is the exquisite journey Home, the pathway to the Light of God, and the recognition of self in the Wholeness of the Father. To make that transition requires participation with life and life renders participation with death. All of it is involvement with love and when you recognize that, you recognize that death is not an ending but a process of the movement. Loss is only loss when this is not understood.

The inevitability of death as a part of life is softened and the naturalness of it is revealed in the truth that no thing ever truly dies, but simply continues a process of spiritual evolution that defies the common notion that something so truly awesome as the spark of life could ever be extinguished.

What I am offering here is a bigger picture of the truth that often escapes your senses in the heat of experience in this physical reality. You have personal experiences with family members and friends passing this expression for another and you have mass passing facilitated by natural or unnatural disasters. No matter the method, no matter the number, no matter the relationship, any passing of any spark of life is only the remarkable movement of the Light of God within the mass spectrum of life.

Movement is the key awareness here. It is like a march of life. The legions of life are passing through experience to render wisdom to growth. The passing is like a march on the road of Love and Life. The dust under the feet of the marchers signifies the memories of the movement. But when the dust settles, the movement has not stopped or even slowed down. The march continues and the path ahead is experiencing the vibrancy of the movement while the path behind is touched by memory.

Please keep in your heart and mind that memory is

your “lifeline” to continuity. And the lifeline of continuity to connection with a loved one or friend is that which cannot be broken. Memory is clear and bright and remains so as long as you do not allow ego to disrupt the harmony of the life and death movement by stopping the movement of its flow. In other words, ego can shake you to your core with grief, drawing your creative focus to a finality that does not exist. Ego wishes for you to believe that death is the end. Whole industries are designed with the end as a ruling factor.

The Ancients understood the passing as an inevitable process and honored the movement, forever glorifying the aspect of God in motion. In recent times, that glorified awareness has become clouded by a notion of ending that leads to guilt and the painful forgetfulness of denial.

Remembering who you are opens the gates of heaven to your own participation with the process of life. Your remembering of this facet of truth enables you to free the onus of death from the yoke of fear and to transport your notions of life beyond the physical and into the regions of forever, where indeed, you all belong. For you all are the Light of God in moving force, residing in a physical vehicle for the duration of a period of experience then continuing the march. Grasp this with a sense of continuity and denial will never strip you of your power to see clearly the Light of God. Be with this understanding in the days ahead and follow the path of Light to the eternity of Love, Light and Beauty.

This is who you are. Remember and pass the light on to those seeking the light. Shine freely to light the way. Love freely to ease the illusion and live the Truth of God. You are God. Enjoy the march into forever.

I bid you adieu. With God you are and I am. So be it. Indeed.

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