

# INDIVIDUATION OF THE ONE: OUR EXPANDED EXPRESSION IN THE FIFTH-DIMENSION

## NADEMUS

*Channeled through Brenda Hill*

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**G**ood day entities! And a fine day it is as we explore this new reality. I am Nademus, your loving brother in the Light, here to be always at your side as guidance, comfort, succor and friend. I am here for you just as there are legions of Light here for you. You see, you are never alone.

The idea construct of being alone is one that for eons has seemed, in its own way, appropriate. You have seen yourself in linear time as an individual, experiencing singularly with others who are also experiencing singularly. This has been a defining principle of thought molding a world in which things happen to people. Things seem to happen to others or they seem to happen to you. Either way, the idea construct of being alone within these happenings takes an active role in the creation of your reality that acts as the obvious and logical outcome of thought. In other words, you find yourself alone viewing the happenings of reality from within this individual body of thought, emotion and memory. From the perspective of aloneness, the world seems a very big place, reality seems out of your control and you feel rather insignificant within it. You appear from this perspective to have little to do with the overall reality.

But, you do hold to the idea, or belief, that you have at least some influence upon what happens in your own life. At the very least, you recognize that your choices determine your experience. If you go to school and receive higher education, then you experience a different strata of achievement and reward than you do if you do not make this choice. If you choose to raise a family, your life surrounds the idea of procreation and often then lacks adventure and risk. Overall, you do feel a certain sense of control of your experience. But nevertheless, you perceive yourself as alone in doing it.

So, from the perspective of being alone, how does it feel to you when I offer that there are legions of Light with you at all times and available to assist and alert you during your choices? How does it feel not to be as autonomous as you thought? Do you even believe or

recognize that this is the case?

What I suggest here is that in order for you, from the perspective of aloneness, to feel autonomous, existing as an independent being, you must also hold the belief that to accomplish this goal, maintaining separation from others to the degree of your decisions, is absolutely necessary. What you must do from the perspective of aloneness, in essence, is react to the world stage as an individual, separating out from the mold of conformity and be the free thinker that you have been groomed to believe is autonomous.

Please allow me to offer an alternative idea to elaborate upon this theme. Allow from your perceived autonomous state, a varying idea and from within this individualized state of thought, allow yourself to hear of another way. Perhaps, even a better way.

I begin by first stating the recognition and observation that many of you reading this have moved beyond the assumption of separation to a place of greater union and collective experience. Many of you hold and understand the concept of Oneness. You are indeed bridging realities with higher thought. Yet, I may also add, that even you who have advanced this far will still identify yourself as an individual subject to the experiences of that state of being. And then, there are others who are in abject terror to even consider the extravagance of thinking more free form which would allow that freedom of thought to strip away the attachments, grown over eons of experience and memory, to separation and aloneness and their supposed benefits.

I ask you to consider your true state of being. I ask you to feel deeply the awareness that lives within you, the resistance of which is only hanging by a thread. You are indeed God, Divine and Holy aspect of Source, Mother/Father God, All That Is. You are part and parcel of the Oneness that comprises life. You have never lost this status and have always been in the position of Oneness, but for a belief pattern of separation.

Yes, most of you reading this hold a willingness to consider these words and you are eager to awaken to Truth. You know within you that you are Divine. You simply feel it, but there is a nagging tendency to forget or to linger in old ideas of separation, assuming yourself alone, an on-looker.

Entities, Divine aspects of God, behold a new reality. Behold a great burst of Light as you intentionally relinquish your old assumptions on all levels of being. You indeed have passed into a stage of experience wherein you, through the assistance of the legions of Light and from your own clarion call of love, see Truth. You are not alone; you never have been.

You have asked and asked for help. It has always been there but for your willingness to allow the recognition of it. You have, through your own volition, moved through the muddled thought of third-dimension through the more open and clear thought of fourth-dimension and now into the vibrant and light field of fifth-dimension. You now hold the enormous capacity to receive higher light and vibrations, consequently receiving the clarity of understanding at high levels of unification and Light.

You are awakening to the capacity and the potential of more. You are surrounded by helpers, guides and friends and you begin to grasp the enormity of your movement. But still you cling to the residue of third and fourth dimension as your memories support the conformity to these thought structures. But know this, the old thoughts and expressions no longer hold resonance for you. As a result, you will be experiencing further expressions of distress and the pressure to move forward increases through the resistance and contrast of your reality. Understand that this is a natural process of evolution and welcome the challenge. Be willing to usurp the tug to repetition of your old ways and thoughts. Feel the freedom to explore your new potentiality and be in accord with the 11:11:11, the raising of the consciousness of mankind to the Divine.

In this new state, you will truly understand you are never alone, never the individual, but always the One. In this physical state of being you hold yourself as individual, but expand that to the condition of individuated aspect of the One and the energy surges to include more and more potential in your reality. An individuated aspect of the One thrives with vitality born of Unity, born of Light. Your old memories of aloneness fade

as the darkness dissipates with the rising sun. Only clarity remains and thus, your focus expands and you express in the splendor of Truth. You are One, forever and always. But being the individuated aspect of God allows for a plethora of expression and experience that augments the wholeness of the One. In other words, as an individuated being, the Oneness thrives and expands its reality through the auspices of your expression and wisdom.

Remember, an individuated aspect of the One, who recognizes self as whole enacts Divine Creativity with the good of all in mind. Individuality seldom holds that broad concern and intention. Being individuated renders to wholeness a variety of impulses to expand the whole of creation. Acting as an individual is more singularly motivated. Being individuated supports the Truth of Love and Light. Individuality takes more than it gives.

That which is Love is the wholeness of a “give and take” event. In other words, you must share love to receive it. This occurs easily and inherently in the individuated aspect. When you express as the individual, separation seems apparent and because you see separation, then you are always seeking love and often feel that you must be, do or act in a particular fashion to receive love. That is how the art of manipulation was born, from the fear of separation and the search for the remedy to that distressful state of experience.

So, remember you are never alone. As the collective of individuated aspects merge through Love, you become part and parcel of the Whole and its parts. You are everything. You are eternal. You are God.

I bid you adieu. With God you are and I am. So be it. Indeed.

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