

FINDING HOME THROUGH OBSERVATION OF A DAY IN YOUR LIFE

NADEMUS

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Good day, entities. And a fine day it is. And on this fine day, do you find yourself experiencing and expressing joyfulness? Are you exploring regions of your life that hold for you creative delight? Are you engaged in compassionate interaction with others in your reality?

Your answer to these queries will be extremely telling of your state of mind. For your state of mind is a most interesting matter. It not only functions as that very powerful tool by which it is you create your reality, but it also functions as the indicator of the result of that creation. Let me explain.

As you know so well, you are the creators of your reality. You are these creators because you are endowed with all the love, light and beauty of All That Is. You hold the ability to create reality through interaction with the Laws of the Universe aligned with thought and the passion of emotion joined at the heart. Your resulting manifestations provide you with visual, tangible evidence of the creative field within which you are operating and they also act as a trigger of resonance with your beliefs and attitudes.

This is another interesting aspect to creativity. It is through your beliefs and attitudes that you make the choices for resonant thoughts with which to align. But it is also through your beliefs and attitudes that you complete the experience of that very manifestation. In other words, your beliefs and attitudes direct the manifestation of creation and, in looping fashion; they also receive the creative force of that very manifestation and are reinforced to enact a similar manifestation again and again for as long as those beliefs and attitudes are predominant in your field.

So we return once again to the question of how you are experiencing your current sense of the moment. To be able to answer this question you must address one very important point and that is where you are in consciousness in this very moment. Remember, to truly know where you are going, it is vital to know where you are beginning your journey. Now that sounds like a very simple concept and certainly one that is not too difficult to address. After all, who doesn't know where they are? Well, entities, I would offer to you that 95% of everyone reading this does not know where they are. Yes, you know where you physically are and yes, you have a

general idea of where you want to go in the next hour, day, month, year, or lifetime. But do you have the impeccably clear ability to catch site of yourself as you are truly expressing? I would like to help you understand how to gain that ability.

Catching site of your true expression takes some dedicated focus and at the same time, requires little work at all. What is really called for is to simply look around and observe. Yes, that is the basis of this process - observation of your manifestations and the willingness to accept what you see without the filter of ego interpreting through fear. Now, this ego filter is always working as you each explore your reality wearing a sort of visor. You use this visor to interpret your reality and the visor filters what you see to replicate your beliefs and attitudes. So, for example, if you are expressing anger and frustration, your world will look very much like a stage set precisely to irritate you and to provide every outlet for impatience to occupy your thinking. If you are feeling clear, fresh and compassionate, you will see a world that smiles back and is filled with love and camaraderie. Your filters, your visors, determine the outcome of your manifestation process. So, determining where you are, is about investing in yourself, investing in acknowledging the truth about how your experience relays your state of being, your state of mind.

What you observe about your reality speaks to you on various levels of understanding - your finances, your relationships, your health, how you keep your home environment, your education (and I am not simply talking about the scholarly type), your interactions with nature, your dreams, your regrets, your emotional statements, literally everything about you. I suggested earlier that this would require focus but not a lot of work. I know from the sounds of it, that work seems to be the most prominent potential in observing all these aspects. But your emotional body inspires what evens all that out in the observation I am speaking of. Simply note how you feel about all these aspects. What is your general perspective on your relationship to all things, all ideas and all potential?

In simple practice, observe your emotional response or reaction to a day in your life and you will be able to paint the picture of where you are. "Not fair," you say. "What if it is a bad day? What if my focus is clouded by something out of my control?" First of all, your response

is totally within your control no matter what the situation. Secondly, a day in your life is just that – a day in your life. And that day is representative, overall, of where you are. You will be able to extrapolate from this experience a proclivity for distress, negativity, optimism, hopefulness, resentment, compassion, loneliness, dedication, creativity and many more ideas about reality. You will observe, emotionally, where you are overall, and will be able to define quite easily, where your thoughts lead on specific issues. All it takes is the focus of which we spoke.

Now, what you will find will be an absolute wealth of information because you will be able to feel your way to a conclusion of where you are. There will be an overall theme of thoughts and their resulting behaviors. These thoughts and behaviors will reflect in your beliefs and attitudes that conjure up the next manifestations to re-discover where you are. Knowing where you are holds a great store of richness of experience. It allows you the fresh perspective of gaining the pure understanding of then knowing where you wish to go.

If where you are does not hold for you a sense of glorious joy and happiness with the sense of direction and flow you wish to experience, then your choice of where to go will be implicit within this knowledge. In other words, observing truth reveals the parameters for experiencing truth. If truth is not what you see, then reflecting that truth is not where you are and if truth is where you would like to be, then your direction is set with the clarity of focus to open to more truth. So you see, contrast of your observations with your desires will offer the clarity of where you are. Once you know truly where you are, you will know clearly where you are going. By doing this you give yourself the gift of clarity.

But what if you are having difficulty observing your manifestations without the ego filter? This likely scenario brings forth another understanding that is most profound. The question I pose to you is this. Is it even possible to observe without the ego filter? What do you feel as you observe a day in your life? I suggest that ego plays a huge part in your everyday interactions with self and others and literally everything is colored by it. As ego filters reality, can everyone see reality as the same reality? Of course not. If reality is not seen as the same reality, will there be more confusion as a result? Certainly. Does that explain why some people always see the glass half empty while others see the glass half full? Absolutely.

None of you ever truly see, hear, experience, or believe the world in the same fashion. It is always an individuated effort and result even though there is similarity in belief systems and attitudes. In other words, your visors are projecting similar aspects, therefore coloring the world in similar patterning. That is how you can understand each other to the degree you do, but it also accounts for the mass confusion in the communicated word. No one sees things the same. Your ideas, beliefs, and attitudes will always create the illusion that each of you and everything in your worlds are separate and in this separateness will you always feel alone. Some of

you may find after an observation of a day in your life, that feeling alone or lonely is where you are. Ego paints a strong statement that loneliness is a truth and this keeps you receiving repeated manifest awareness's to reflect that very notion. But I would like to offer something else for you to consider.

What if you observed a day in your life and you were able to do so without ego? Would you be happy with what you saw? I submit that you would not see anything at all because without ego and its perspective, you would be Home. You would be with God. You are with God now; you are Home now except for the belief systems and attitudes about reality that daily confirms that you are separate and alone. But you never left Home in truth, just in perspective and ego is what holds perspective.

Knowing where you are then takes on a deeper meaning. Knowing that you are Home requires no observation because the state of mind is clearly One and one knows itself as the Wholeness. You need go nowhere when you are Home. This is clearly the goal of each of you. However, through creation and its endless versions, you must become aware of where you are and this is on a scale wherein ego is involved.

You are very much in control of the route you take as you process your understanding. You can find your way Home by clearly and deliberately scanning your reality for clues to your true expression. If the concept of Oneness of all things and beings is your predominant observation, then you are moments away from the recognition that you are already Home. If, however, your thoughts and observations lean more to a separatist reality, then from the perspective of life as you know it, life with ego, you know where you are and can easily then address where it is you are going with clarity and determination.

From the scale of experience, all experience is valid. From the scale of truth, all truth within this perspective of life holds deep meaning. But from the scale of eternity, God is. God is, which is a state of mind, a state of being which holds no experience but is the essence of all Truth. Knowing where you are within your experience can be the direct method of reaching the deeper awareness of knowing where you are within the truth of Home. But until you wake up one glorious moment as everything but truth disappears from view, your quest to be clear about where you are and where you are going will be the avenue for finding Home.

I am Nademus offering great love for you. I bid you adieu. With God you are and I am. So be it. Indeed.

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